



- Network

 - Toll-paying motorway, two-lane motorway
 - Main road
 - Basic autonomic network
 - Secondary autonomic network
 - Provincial road
 - Other roads
 - Tracks
 - Paths
 - Railway
- Boundaries

 - National boundary
 - Municipal boundary

- Place-names

 - Municipality
 - Municipal center
 - Population center
 - Parish
- MUÍÑOS

 - Mugueimes
 - Albite
 - Prado de Limia (San Salvador)

Start and connection route

- Key to symbols

 - Church
 - Chapel
 - Mill
 - Spa
 - Camping
 - Refuge
 - Communal oven
 - Stone Cross
 - Wayside shrine
 - Dolmen
 - Mámoa (megalithic tomb)
 - Archaeological remains
 - Information point
 - Parking
 - Reception point
 - Starting point
 - Panoramic view
 - Recreation areas
 - River beach
 - Waterfall
 - Natural space
 - Natural countryside
 - Forest
 - Boulders

route	name	km	difficulty
1	ruta PARQUE FORESTAL OUTEIRO DA CELA	5,7 km	●
2	ruta TRAVESÍA DO XURÉS	25,7 km	●
3	ruta MEGALÍTICA	12,7 km	●
4	ruta PICOS DE FONTEFRÍA	32,4 km	●
5	ruta SERRA DO PISCO	27,9 km	●
6	ruta VÍA NOVA	29,4 km	●
7	ruta CIURCULAR DE LOBIOS	27,4 km	●
8	ruta MINAS DAS SOMBRAS	40,2 km	●
9	ruta ALTO DE SANTA EUFEMIA	24,4 km	●



ROUTES

- very easy
- easy
- difficult
- very difficult