



Network

- Toll-paying / two-lane motorway
- Main road
- Basic autonomic network
- Secondary autonomic network
- Provincial road
- Other roads
- Railway

Boundaries

Municipal boundary

Place-names

- Municipality **CASTRO CALDELAS**
- Municipal center **O Castro de Caldelas**
- Population center Nogueira
- Parish **Alais (San Pedro)**

Start and connection route enlace

Key to symbols

- Historical set
- Hill fort
- Archaeological remains
- Camping
- Museum
- Church
- Chapel
- Convent / Monastery
- Mill
- Mámoa (megalithic tomb)
- Bridge
- Information point
- Parking
- Reception point
- Starting point
- Natural countryside
- Panoramic view
- River beach
- Natural space
- Pier

route	name	km	difficulty
1	ruta MAQUINO LARGAÑO	13,8 km	
2	ruta CIRCULAR DE NOGUEIRA DE RAMUÍN	34,3 km	
3	ruta CIRCULAR DE PARADA DE SIL	33,5 km	
4	ruta OS TORGAIS	8,8 km	
5	ruta A FÁBRICA DA LUZ	12,5 km	
6	ruta CIRCULAR DE DOS BOSQUES E VIÑAS	32 km	
7	ruta CIRCULAR DA TEIXEIRA	11,7 km	
8	ruta CIRCULAR DE CASTRO CALDELAS	7 km	

ROUTES

- very easy
- easy
- difficult
- very difficult

Signals of the route

- CONTINUITY OF ROUTE
- WRONG DIRECTION
- FOLLOW ON THE LEFT
- FOLLOW ON THE RIGHT
- CAUTION