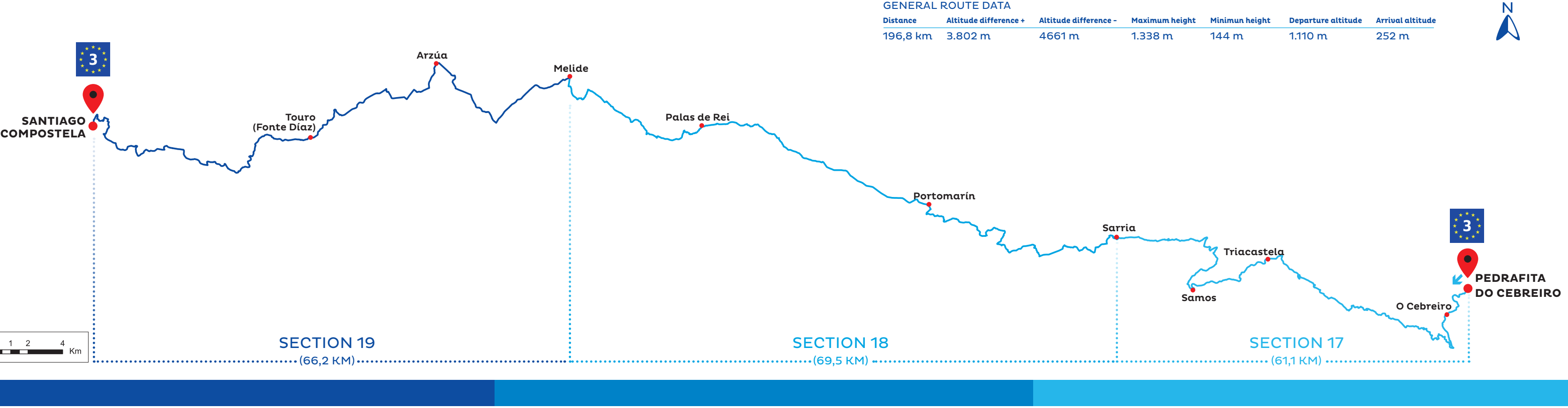


PEDRAFITA DO CEBREIRO - SANTIAGO DE COMPOSTELA



EUROVELO SIGNALS



RECOMMENDATIONS

- It is recommended to wear a helmet.
- Don't forget to check the bike's condition.
- Find out about the route's technical aspects and the day's weather forecast.
- Always carry water, warm clothes, a repair kit and a properly charged mobile phone.
- You must obey the signs along the route, give priority to pedestrians and comply with the general traffic rules.
- You can download the routes' tracks on the website www.turismo.gal
- You can maintain the route notifying of any incidents regarding the conditions of and signs along the paths using the email bt@xunta.gal

EMERGENCIES: 112

SECTION 17 (Pedrafita do Cebreiro - Sarria)

The EuroVelo 3 "Galician" route begins in Pedrafita do Cebreiro and then ascends to the village of O Cebreiro, located at 1,300 m above sea level, between the O Courel and Os Ancares mountain ranges. O Cebreiro is of pre-Roman origin and is famous for its typical pallozas dwellings with rye thatched roofs. This first stage allows you to visit other important places on the route, such as Triacastela village, the surprising monastery of Samos and the town of Sarria. The route also offers beautiful mid-mountain landscapes and numerous examples of popular Galician architecture.



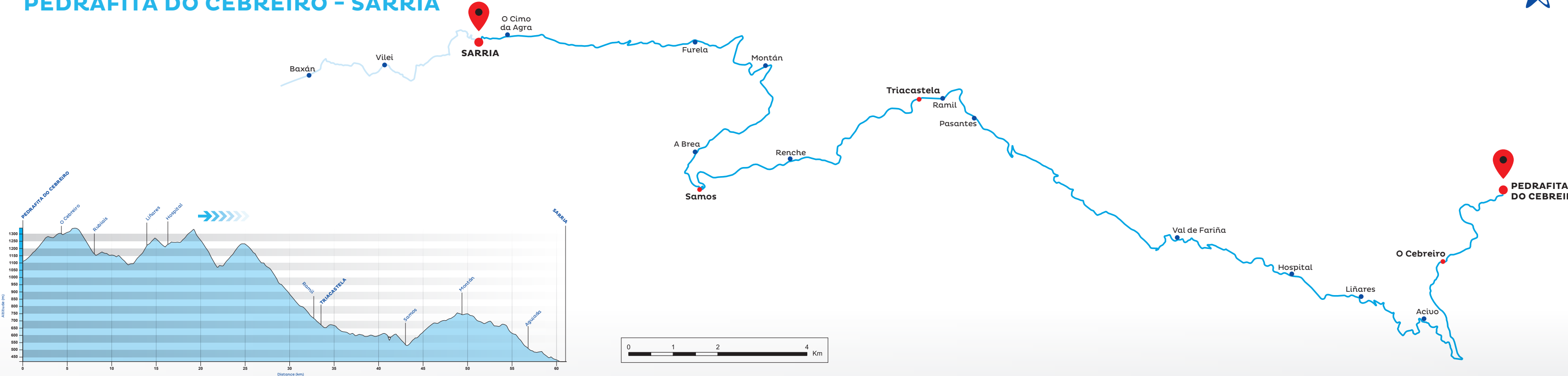
GENERAL ROUTE DATA

Distance	Altitude difference +	Altitude difference -	Maximum height	Minimum height	Departure altitude	Arrival altitude
61,1 km	1.187 m	1.876 m	1.338 m	419 m	1.110 m	420 m



Pedrafita do Cebreiro	✓	✓	✓	✓	✓	✗	✗	✓	✓
O Cebreiro	✓	✓	✗	✗	✓	✗	✗	✗	✗
Triacastela	✓	✓	✗	✓	✗	✗	✓	✓	✓
Samos	✓	✓	✓	✓	✓	✗	✗	✓	✓
Sarria	✓	✓	✓	✓	✓	✗	✓	✓	✓

SECTION 17 PEDRAFITA DO CEBREIRO - SARRIA



SECTION 18 (Sarria - Melide)

The second stage crosses large areas of meadows and oak groves towards the banks of the river Miño, and then crosses the bridge that leads to Portomarín, a village rescued from the waters after the construction of a dam and relocated to this new area. Palas de Rei is a good place to stock up before continuing to Melide, where this section ends. In Melide, you will find what probably is the oldest stone cross in Galicia. You should also try the traditional *pulpo* (octopus) *a feira* in one of Galicia's famous *pulperías* (traditional octopus restaurants).



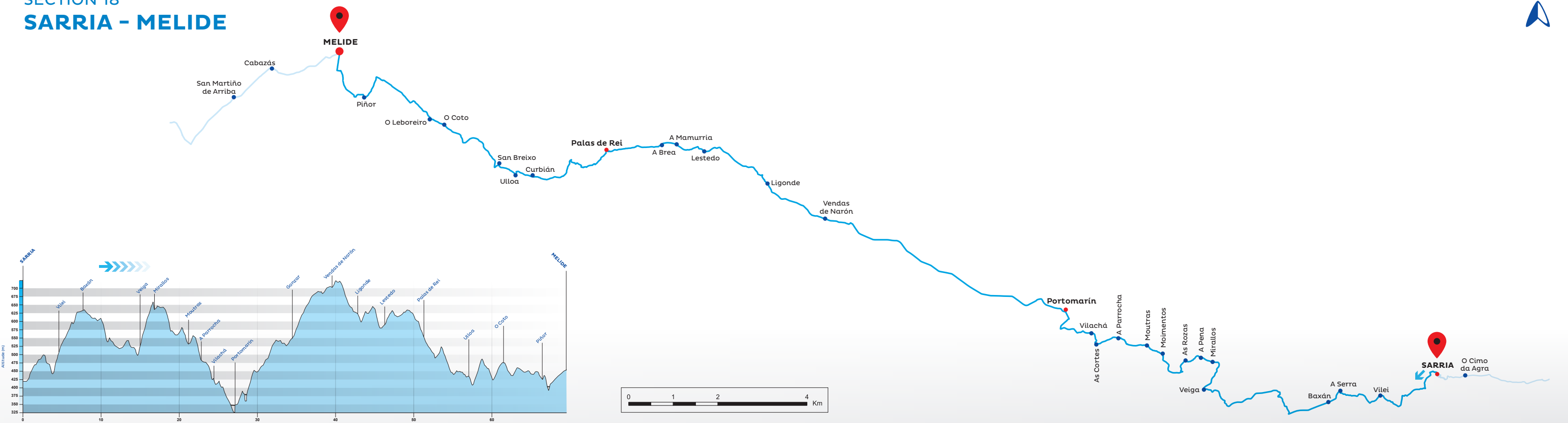
GENERAL ROUTE DATA

Distance	Altitude difference +	Altitude difference -	Maximum height	Minimum height	Departure altitude	Arrival altitude
69,5 km	1.458 m	1.424 m	723 m	350 m	420 m	453 m



Sarria	✓	✓	✓	✓	✓	✗	✓	✓	✓
Portomarín	✓	✓	✓	✓	✓	✗	✗	✓	✓
Palas de Rei	✓	✓	✓	✓	✓	✗	✗	✓	✓
Melide	✓	✓	✓	✓	✓	✗	✗	✓	✓

SECTION 18 SARRIA - MELIDE



SECTION 19 (Melide - Santiago de Compostela)

The last stage visits the town of Arzúa, one of the cheese capitals of Galicia. Through the so-called "Dutch Route", along the AC-240 regional road, you will visit the municipalities of Touro and Boqueixón before you reach the City of Culture, which welcomes us to Santiago de Compostela. The capital of Galicia is a city full of attractions of all kinds, with a historic centre so well preserved that it has been declared a World Heritage Site by Unesco.



GENERAL ROUTE DATA

Distance	Altitude difference +	Altitude difference -	Maximum height	Minimum height	Departure altitude	Arrival altitude
66,2 km	1.159 m	1.361 m	455 m	144 m	453 m	252 m



Melide	✓	✓	✓	✓	✓	✗	✗	✓	✓
Arzúa	✓	✓	✓	✓	✓	✗	✗	✓	✓
Touro	✓	✓	✓	✓	✓	✗	✗	✓	✓
Santiago de Compostela	✓	✓	✓	✓	✓	✓	✓	✓	✓

SECTION 19 MELIDE - SANTIAGO DE COMPOSTELA

