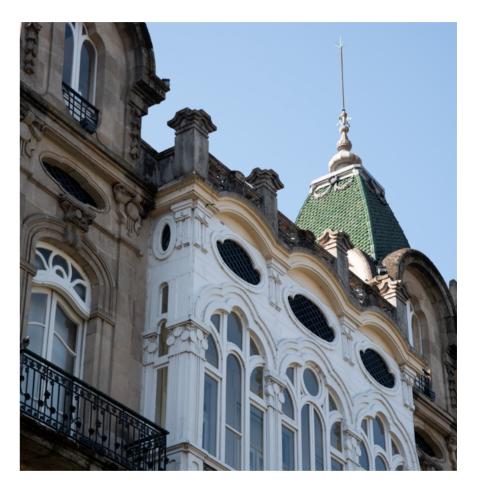






Ourense



Modern and contemporary Ourense a walk of history and life



Ourense

OURENSE, CAPITAL OF THE PROVINCE OF THE SAME NAME, WAS FOUNDED BY THE ROMANS IN A WONDERFUL STRATEGIC LOCATION, A NATURAL MEETING POINT OF ROADS AND RIVERS. IT SITS IN A LOW-LYING AREA OF THE RIVER MIÑO VALLEY, NESTLED BETWEEN HILLS JUST 135 METRES ABOVE SEA LEVEL, WHICH MAKES FOR A WIDELY VARIABLE CLIMATE OVER THE YEAR.

ITS FAMOUS NATURAL SPRINGS MAKE IT THE HOT SPRING CAPITAL OF GALICIA AND IT BOASTS THE SECOND HIGHEST NUMBER OF THERMAL SPRINGS IN EUROPE AFTER BUDAPEST. THE THOUSAND YEAR OLD AS BURGAS SPRINGS ARE WORTHY OF SPECIAL MENTION, AS ARE THE NUMEROUS THERMAL BATHS ON THE BANKS OF THE RIVER MIÑO, WHICH FORMS A GREEN CORRIDOR WHERE NATURE AND WELLBEING ABOUND.

OURENSE IS BLESSED WITH SHOPS AND FASHION DESIGNERS, AS WELL AS AN AREA OF MEDIEVAL STREETS AND SQUARES TEEMING WITH MONUMENTS, CHURCHES, MANSIONS, AND AN 18TH CENTURY AREA OF EXPANSION THAT IS HOME TO BEAUTIFUL MODERNIST ARCHITECTURE. IT IS A CITY FULL OF SURPRISES THAT ARE JUST WAITING TO BE EXPLORED.

Essentials













🔻 Rúa do Paseo



Antiguo Hotel Miño

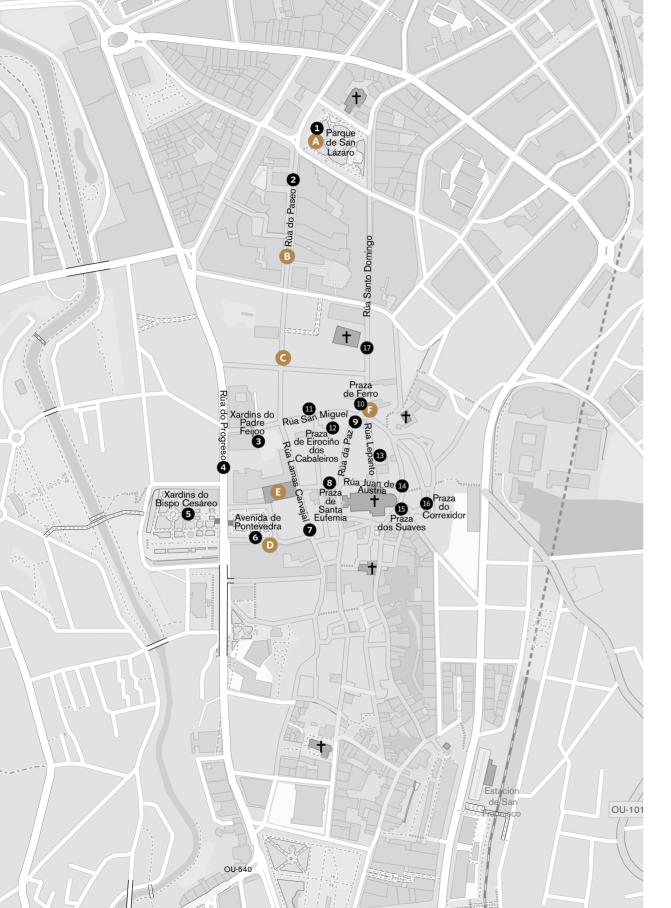




Casa Junquera



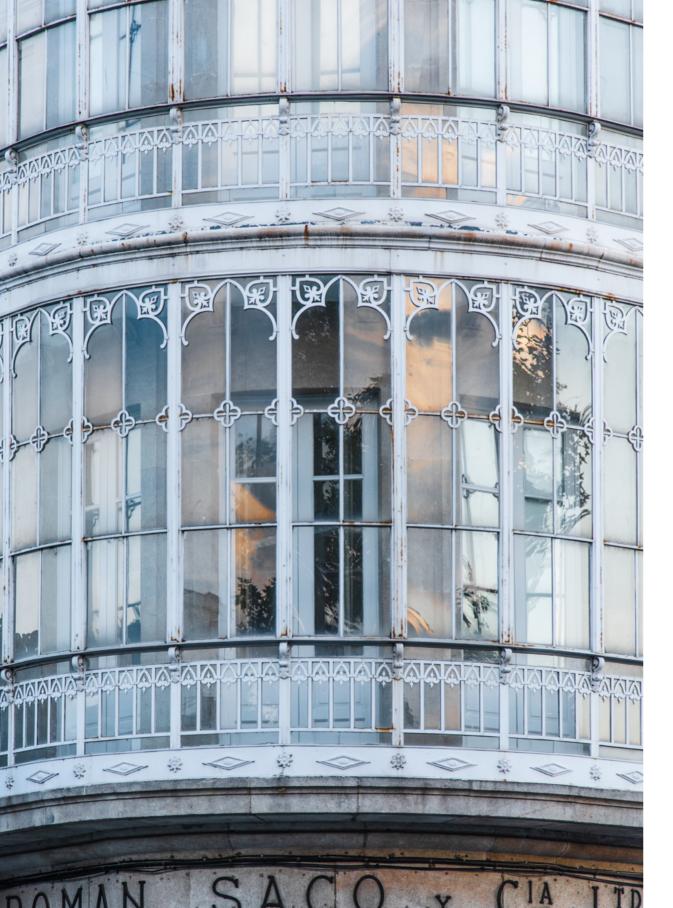




The route

- 1 Parque de San Lázaro
- 2 Rúa do Paseo
- 3 Xardíns do Padre Feijoo
- 4 Rúa do Progreso
- 5 Xardíns do Bispo Cesáreo
- 6 Avenida de Pontevedra
- 7 Rúa Lamas Carvajal
- 8 Praza de Santa Eufemia
- 9 Rúa da Paz

- 10 Praza do Ferro
- n Rúa San Miguel
- 12 Praza de Eirociño dos Cabaleiros
- 13 Rúa Lepanto
- 14 Rúa Juan de Austria
- 15 Praza dos Suaves
- Praza do Correxidor
- Rúa Santo Domingo





Modern and contemporary Ourense

OURENSE, CAPITAL OF THE PROVINCE OF THE SAME NAME, WAS FOUNDED BY THE ROMANS IN A WONDERFUL STRATEGIC LOCATION, A NATURAL MEETING POINT OF ROADS AND RIVERS. IT SITS IN A LOW-LYING AREA OF THE RIVER MIÑO VALLEY, NESTLED BETWEEN HILLS JUST 135 METRES ABOVE SEA LEVEL, WHICH MAKES FOR A WIDELY VARIABLE CLIMATE OVER THE YEAR.

ITS FAMOUS NATURAL SPRINGS MAKE IT THE HOT SPRING CAPITAL OF GALICIA AND IT BOASTS THE SECOND HIGHEST NUMBER OF THERMAL SPRINGS IN EUROPE AFTER BUDAPEST. THE THOUSAND YEAR OLD AS BURGAS SPRINGS ARE WORTHY OF SPECIAL MENTION, AS ARE THE NUMEROUS THERMAL BATHS ON THE BANKS OF THE RIVER MIÑO, WHICH FORMS A GREEN CORRIDOR WHERE NATURE AND WELLBEING ABOUND.

OURENSE IS BLESSED WITH SHOPS AND FASHION DESIGNERS, AS WELL AS AN AREA OF MEDIEVAL STREETS AND SQUARES TEEMING WITH MONUMENTS, CHURCHES, MANSIONS, AND AN 18TH CENTURY AREA OF EXPANSION THAT IS HOME TO BEAUTIFUL MODERNIST ARCHITECTURE. IT IS A CITY FULL OF SURPRISES THAT ARE JUST WAITING TO BE EXPLORED.

We begin our tour in **parque de San Lázaro** (Saint Lazarus Park), which it takes its name from the fact that there used to be an old lazaretto there. The Iglesia de San Francisco (church of Saint Francis) is located here, which was moved stone by stone in

1928 from the Franciscan convent in the higher area of the city. The church features a balanced Gothic door depicting the Annunciation and one of the capitals bears a striking relief of a piper, which makes it one of the oldest depictions of Galician folklore.

The whole park is presided over by the towering presence of <u>La Torre</u> (The Tower) building, which has 18 different floors over a total height of 76 metres. It was built by architect Antonio Alex Reinlein in 1968 and

FACING Román y Saco modernist hoyse **BELOW** Piper on a capital of Iglesia de San Francisco





includes a hotel, cafeterias, homes, offices, and shops, which was groundbreaking at the time.

There is a noticeably large and varied collection of public sculptures in the area around San Lázaro Park. The area is watched over by El Ángel Caído (The Fallen Angel) by Francisco Asorey. Facing it we have A Castañeira (Roast Chestnut Vendor) by Xosé Cid and the Monument to Antonio Coleman AND ESTANISLAO REVERTER, who became important figures in motor racing in Spain and promoters of the Ourense Rally, which is still held today. Antonio Colemán and Evaristo Reverter are sitting on their Renault with a Porsche engine, the famous "Alpinche". In the higher part of the park is O Carrabouxo by César Lombera, a sculpture which depicts the awkward main character in cartoonist

ABOVE El Ángel Caído
BELOW Terrazas junto al Teatro Losada

Xosé Lois González' vignettes, which have appeared in the local newspaper La Región every day since 1982.

There is a large shopping area nearby where we can find, at no. 32 avenida da Habana (Havana avenue), the first ever shop from prestigious designer <u>Adolfo Domínguez</u>, who carried on the family tradition of the old El Faro tailor-shirt shop. The creator of the "wrinkles are beautiful" slogan also inherited his parents' talent for marketing, as between 1959 and 1963 he promised his clients that they could buy fabric at 9 in the morning, try it on at 11, and wear it home at 7 in the evening. He now has 348 shops in 18 countries.

Very close at hand, at no. 7 rúa de San Lázaro (Saint Lazarus street), there is a shop from *Carolina Herrera*. The famous Venezuelan designer is closely linked to Ourense through the Sociedad Textil Lonia. a business owned





by another member of the Domínguez family, which makes and distributes the Lifestyle CH brand all over the world from their site in O Pereiro de Aguiar (Ourense).

Other internationally recognised brands with ties to Ourense are <u>Purificación García</u> and <u>Bimba y Lola</u>. They have their shops at no. 34 and 32 on the nearby **rúa do Paseo**2), which has been Ourense's finest shopping street since the 20th century. Another illustrious Ourense native, <u>Robert Verino</u>, opened his shop at no. 21, which also includes an

All along this long pedestrianised street we can find a wide range of shops, from the most traditional, such as *Sierra Joyeros*, a jeweller

exhibition space for contemporary art.

that opened in 1958, to the latest trends in fashion and accessories, as well as numerous bars and restaurants with lively terraces.

At no. 36, still on **rúa do Paseo**, we can visit the <u>Galerías Viacambre</u> shopping centre, which includes a range of shops on the ground floor of the avant-garde building of the same name, which is unquestionably one of the most photographed buildings in the city. A little bit further on at no. 12, the



ABOVE Galerías Viacambre
BELOW Window fo Farmacia Cobián

12 BACK TO TOP ROUTE MAP



Farmacia Cobián pharmacy, still has the furniture, jars, coffered ceiling, and stained glass windows of the past. At no. 11, the old Teatro Losada theatre, which opened in 1928 and later became a cinema, now houses a Zara.

Las <u>Galerías Centrales</u>, the first shopping centre in the city, stands opposite. Here we can find Lola Logaro, a craftswoman and textile creator who in her <u>Hilokune</u> studio works with a variety of fabrics to create a wide range of handmade textile items, such as her Manuela series of dolls. Each one is unique and numbered and can be followed at https://dondeestamanuela.blogspot.com, as the Manuela doll travels all over the world with her owners. <u>Jolper Música</u>, is on the top floor, which has been selling musical instruments since 1962, specialising in electric, classical, and acoustic cars, including legendary Gibsons.





Rúa do Paseo is home to numerous ice cream parlours, such as *Bico de Xeado* (no. 1) and *La Central Heladera* (no. 7). They both serve delicious artisan ice cream made with natural ingredients. The latter is a 100% Ourense company and their products were the first to bear the Galicia Quality seal.

Architecture and sculptures are also to be found in this street. The most notable buildings include, at no. 20, the old Banco de España (Bank of Spain), built in 1929, which is now the Centro Cultural José Ángel Valente (José Ángel Valente Cultural Centre); at no. 4, the old Miño Hotel, built in 1909, which features a wooden Indian-inspired tower that makes it one of the most significant buildings in the city; and, just opposite, at no. 5, is the first rationalist building in Ourense, which was constructed in 1935.

We can find sculptures by renowned local artists such as the Maternidade by Acisclo Manzano; La Lechera by Ramón Conde; O Mouchiño by Xaime Quessada, on the base of which we can see the names of characters

FACING The wooden tower Hotel Miño **ABOVE** Rationalist building **BELOW** La lechera, by Ramón Conde

ROUTE MAP 15



from fantasy such as SNOW WHITE, MORT

AND PHIL, and DOÑA URRACA, the stars of the popular comics that children used to buy at the neighbouring Librería La Viuda bookshop (no. 28 rúa Lamas Carvajal), the oldest bookseller in Ourense as it opened its doors in 1886. Opposite we have La Granadina, an interesting stall selling delicious, candied almonds, which adults and children alike have been able to enjoy for two generations now. A short distance away we find the Churrería Lolita food cart, which is in the hands of the third generation of artisan churro makers.

We now make our way to the **Xardíns do Padre Feijoo** (Father Feijoo gardens),

FACING The terrace of Café La Coruñesa

ABOVE La Granadina candy stand

BELOW Jardines del Padre Feijoo





where the municipal tourist information centre and the monument to this illustrious 18th century thinker from Ourense are located. The <u>La Coruñesa</u> cafe stands opposite.

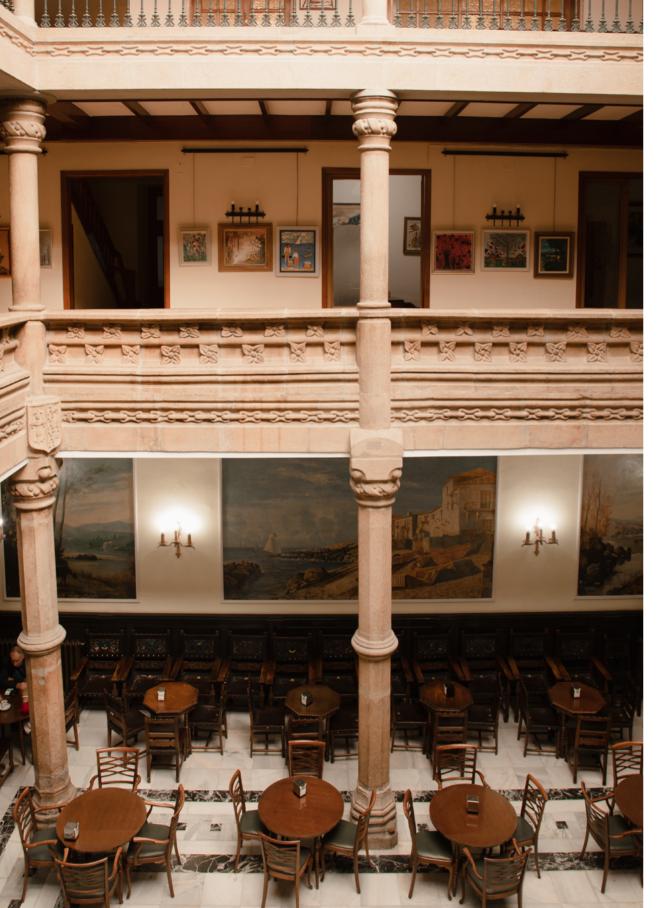
Opened in 1942, it was the venue for performances from singers Lola Flores and Concha Piquer, amongst others.

The old *Almacenes Simeón* store building is also very close. Built in the late 19th century by architect Serra i Pujol, it now houses the Centro Cultural Marcos Valcárcel (Marcos Valcárcel Cultural Centre, no. 30 rúa do **Progreso** 4), where we can take in temporary exhibitions and their interesting collection of HO scale model trains. The Fernández Pacheco-Outeiriño collection has more than 4,000 miniatures and is considered one of the largest in Europe. We can admire the palacio de la Diputación Provincial (Palace of the Provincial Deputation, no. 32 rúa do Progreso) from the same period, which was originally a thread factory on the old road that linked the central plains of Spain to the Atlantic coast and is now one of the main roads in the city.

At no. 5 on the nearby rúa de Reza is <u>Bar Pe-</u> <u>pinillo</u>, a classic from 1946 that still retains all the charm of the time. Everything inside is over 50 years old: the till, a cold meat slicer

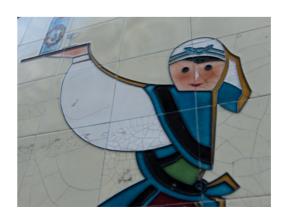
ROUTE MAP 17





from 1934, the photos, and even some of the regulars. It was the clients themselves who named this bar after the unusual practice of including gherkins in their sandwiches and tapas dishes, which was certainly not common at the time.

Our tour carries on towards the east and takes us to the historicist Obispado (Diocese) building. From here we continue on to the **Xardíns do Bispo Cesáreo** (Bishop Cesáreo gardens) 5, which is one of the most pleasant spots in the city. A rich collection of civic buildings sprang up around the gardens in a reflection of the prosperity of the local merchant class in the late 19th and early 20th centuries. The buildings include, at no. 17, the Casa Román y Saco (Román and Saco House), from 1911, with its curved glass-enclosed balconies; the Casa Junquera (Junquera House) at no. 9, with its interesting ceramic glaze towers, which is now an office of Afundación; and opposite, at no. 1, is the





office of the now closed Almacenes Olmedo store, which when it opened sold the latest trends in fashion, as the accounts of the time inform us. *Frank Store*, on the ground floor, took up the baton and has sold new trends and brands in men's clothing since 1987.

Our tour heads towards the old town along avenida de Pontevedra ③, where our attention is drawn to the striking tiles of the building of the <u>Ultramarinos Plus Ultra</u> store, which evokes the old shops of a bygone era. Some of them still live on in the city such as the <u>Calzados Marco</u> shoe shop, which opened in 1954.

We now turn on to **rúa Lamas Carvajal 7**, one of the busiest shopping streets in the 1930s, and pass in front of the Palacio DE

FACING Liceo de Ourense

ABOVE Iglesia de Santa Eufemia

BELOW Ultramarinos Plus Ultra tiles

ROUTE MAP 21



OCA-VALLADARES (Palace of Oca-Valladares), a 16th century building with strikingly artistic balconies and coats of arms on its façade.

This Renaissance palace is home to the Liceo DE OURENSE, a society of craftspeople founded more than 160 years ago, which is now a cultural association and has a restaurant, Agape Liceo, which is open to the public with an entrance on the Praza Bispo Cesáreo.

We now move on to the IGLESIA DE SANTA

<u>EUFEMIA</u> (church of Saint Euphemia), in the square of the same name. The church's astonishing original curved façade is the backdrop for prominent Baroque details. It was designed by friar Plácido Iglesias in the 18th century as the finishing piece of the Jesuit temple on which construction began a century earlier. The classic and robust interior includes a carving of Cristo de la Esperanza

ABOVE El Real
FACING Teatro Principal

(Jesus on the Cross), believed to be the work of José Ferreiro.

Elsewhere on the square we can visit some of the most famous bars in the city. The Lio Urban Bar's speciality is cocktails and premium drinks. The premises were previously a shirt shop and still show remnants of that past, such as the staircase, mirrored balustrade, and an extraordinary crystal lamp. The Café Latino also has some of the furniture from its previous life and is a leading cultural venue both in Spain and internationally, as the organiser of the annual Spring Jazz Festival and for the concerts it holds. Miudiño is a cocktail bar that also puts on music nights and concerts, most specifically folk music. *Tizar Gourmet* rounds off the range of bars and restaurants in the square. This restaurant offers a new concept of informal tapas dining. The colourful decoration is from young graffiti artist Misterpiro, who is well-known in the international urban art scene, as he has works in India, Honduras, Milan, New York, and London.

Our tour now continues along **rúa da Paz**②, a street that used to be mainly full of shoe shops. Some, such as <u>Calzados Pinal</u>, have been open since 1953. Others have been transformed into cafes, such as <u>La zapate-ría del abuelo</u> (Grandad's shoe shop), which retains a spectacular wooden staircase and hydraulic tiled floor that are almost 100 years old. The building it is in is over 200 years old.

A little bit further on is <u>Bar Orellas</u>, an institution in the city since the 50s. It was a wine store and is nowadays a classic place to go to sample its specialities of wine and pig's ear, especially after going to a show at the Teatro Principal (Main Theatre).

The building of the Teatro Principal is the work of Santiago Sáez, who campaigned to have it built in 1830, as he was barred from other venues in the city for his liberal ideas. This act demonstrated his wealth to the more conservative sectors of the day.

Some specialist food shops are also scattered along this street. These include *Frutas Martínez*, a traditional shop selling local fruit and vegetables; Ofreise, a gourmet shop specialising in artisan products from the province of Ourense, which bakes cakes, sponges, empanada pasties, and a wide range of bread every day; and Fina Rei, a specialist in desserts from Allariz, the Ourense town where the brand has its workshop producing the typical sweet dishes of the area, such as almendrado almond biscuits and the Tarta Real cake. This shop is in the space where the old La Tropical shop, opened in 1935, used to be, as can be seen in some of the details on the façade and inside.

The <u>El Cronómetro</u> jeweller deserves special mention. It opened in 1928 and has been run by the same family ever since. They still make collections of fully artisan jewellery



at their workshop and diamonds are their speciality as the have their own laboratory: Minot Diamonds. They also sell watches from their own brand: El Cronómetro, which has been manufacturing the same model for over 100 years.

Another shop we can find on rúa da Paz is the *Camisería Carvajal* shirt shop, opened in 1931. Back in the 60s, the owner toured Spain searching for clients to dress in his made-to-measure shirts.

Before we leave rúa da Paz, we should remember some of the illustrious *Ouerensanos* who lived there, such as Vicente Risco, Ramón Otero Pedrayo, and Xaquín Lorenzo "Xocas", important figures in Galician culture. Several plaques on the buildings at no. 21 and 26 commemorate them and we may well be able to find some of their works at Re-Read, a low-cost bookshop specialising in second-hand books.



For younger people or anyone looking for a special souvenir, we recommend you stop in at *Punto e Coma*, where they sell enticing editions of books as well as jigsaws, mugs, their own designer postcards and notebooks, and illustrations by Miguel Robledo in the Vive Ourense, Rosalía Pioneira, and Nós 2.0 collections.

Our tour continues on to the **Praza do Ferro** (1) (Iron Square), which used to hold a market of farm tools, ironware, and pots, which would then be sold by local ironmongers. Those premises are now home to bars and restaurants, which makes this one of the liveliest places in the city, where noble buildings with coats of arms are interspersed with the most traditional adobe buildings. The centre point of the area is a beautiful fountain that was relocated from the nearby Monasterio de Santo Estevo de Ribas de Sil (monastery of Saint Stephen of Ribas de Sil)

after the confiscation of church property in the 19th century. This crossroads is where many meet up and start when going for a wine or two and a bite to eat in the nearby bars.

We follow **rúa San Miguel** where there are numerous restaurants of every type and style. Particularly well-known are <u>O Pingallo</u>, which was founded in 1933 and used to be frequented by local intellectuals and artists, and <u>San Miguel Gastro-Bar</u>, which has been open since midway through the 20th century and whose former owners won one of the first Michelin stars in Galicia in the 80s. It became a gastro-bar in 2015, merging traditional cuisine with the latest food trends.

Very close at hand, in the charming Praza de Eirociño dos Cabaleiros (D. (Eirociño dos Cabaleiros Square), is the 16th century CASA DE MARÍA ANDREA (House of María Andrea) building. It takes its name from the maid who valiantly defended her master's home during the Peninsular War, who as a token of his gratitude left it to her when he died. After several different incarnations, it is now a restaurant and tapas bar with a wooden balcony that offers the best view over the square and its lively terraces. We simply cannot move on from here without paying a visit to *O Queixo*, successor to the now closed Bar do Tucho, which was known by all as "O Volter" (The Volter), where the most renowned sculptors and painters in the city, the "Artistiñas",

would meet up between the 60s and the 80s. The name "O Volter" is a reference to the seven artists from Ourense (Xaime Quessada, Xosé Luis de Dios, Acisclo Manzano, Buciños, Xabier Pousa, Arturo Baltar, and Virxilio) who in 1963 created the group of the same name with the encouragement of intellectual Vicente Risco, who had told them of his experience at Cabaret Voltaire in Zurich, where the most avant-garde artists in Europe would socialise.

If you have a sweet tooth then you should visit the Chocolatería Cándido chocolatier, a firm favourite in Ourense for more than 20 years where they sell good hot chocolate and fresh *churros*.

We nip back to rúa San Miguel to find some of the shops with the most appeal in the whole city, *Zapatería Delfín*, opened in 1953, and *Sterling*, where exclusive fashion and luxury accessories take us into the world of the big international firms.

Returning to the **Praza do Ferro**, we make our way through the wine and tapas area, previously known as the "senda de los elefantes" (elephant trail), which extends along the adjacent rúas Lepanto, Juan de Austria, Fornos, Unión, and Viriato. We can try everything on our tour from the most traditional cooking, such as the *carne ao caldeiro* meat dish, octopus, ear, pincho moruno kebabs, to the most innovative and refined



dishes, such as scrambled eggs with seaweed and nettles, red sea scorpion fish pie, and venison brochette.

We have to mention the MUSEO MUNICIPAL (municipal museum) at no. 8 **rúa Lepanto**13 in a Renaissance mansion that is adorned with coats of arms on its façade. This is the house of the Méndez Montoto family, which is today the site of a permanent exhibition on Julio Prieto Nespereira, the prestigious engraver from Ourense who passed away in 1991, in addition to temporary shows from contemporary artists.

Among the bars and pubs on **rúa Juan de Austria** • we find *Santorum*, a shop specia-

ABOVE María Andrea house
FACING Bars around Praza do Ferro

24 BACK TO TOP ROUTE MAP 25



lising in Galician products, particularly wine as it stocks over 200 labels from local, Spanish, and international producers. We can also visit <u>Paragüería-Cuchillería Benito</u> umbrella and knife shop. Over the last 30 years this store has kept alive the province's finest trades of umbrella making and knife sharpening, which is why people from Ourense are called afiladores (knife sharpeners) and paragüeros (umbrella makers).

Skirting around the north façade of the Cathedral, we come to the **Praza dos Suaves** (Suaves Square), which is dedicated to the iconic Ourense rock band of the same name, who have won many awards, including the Gold Medal of Galicia. Formed by

ABOVE Praza do Ferro FACING Praza do Trigo the three Domínguez brothers in 1979, the band peaked in the 80s and 90s when they sold over two million records. They are much loved in the city! From here we can view the most elegant part of THE CATHEDRAL, its 16th century Gothic lantern tower, the ambulatory, and the various other buildings which have been added to it over the centuries.

In the neighbouring Praza do Correxidor (Corrector Square), the epicentre of Ourense nightlife, we can find the Café Cultural Auriense, which puts on a wide range of exhibitions and concerts. The Sociedad Cultural Auriense (Auriense Cultural Society) was founded in 1967 to preserve and promote the traditional celebrations and customs of Galicia. It is now one of the most active societies in Ourense as it organises literary competitions, music, dance, and theatre courses, and cinema, theatre, and puppet theatre events. Furthermore, it also offers up its walls, ceilings, and tabletops to all creative artists wishing to exhibit and sell their works here. In the square we can also see the bronze statue of one of its most illustrious members, the writer and intellectual Ramón Otero Pedrayo, who has been captured by the sculptor Buciños.

We now head back from here to the **Praza do Ferro** and continue our tour along the
shop-filled **rúa Santo Domingo** (Saint
Dominic street), which is named after the
DOMINICAN CHURCH AND CONVENT, which stood



here from 1634 to the early 19th century. The sober exterior of the church contrasts with the lavish interior, which is extravagantly decorated with Baroque reredos by the great master Castro Canseco.

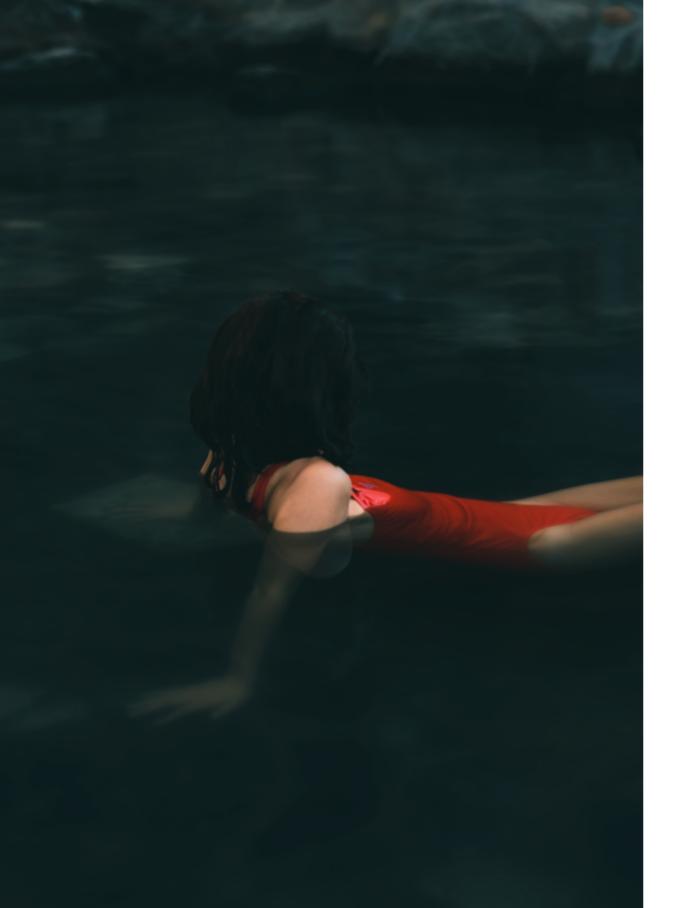
The shopping area is completed by the perpendicular rúa Cardenal Quiroga and rúa Concordia, as well as the <u>Xesta</u>, <u>Sol</u>, <u>Santo</u> <u>Domingo</u>, and <u>Viacambre</u> shopping centres, which lead on to calle O Paseo (Promenade street) and calle Valle-Inclán. There is a strikingly large number of jewellers on this street, which is a clear sign of the wealth of the city.

Other establishments we should mention are the <u>El Couto</u> sweet shop at no. 62 which is run by the third generation of the family who founded the business all the way back in the 40s in the O Couto neighbourhood where the shop takes its name from, and <u>Guante</u> Varadé, one of the nine shops in Spain of this

firm which has been famous for its refined gloves since the 19th century. We conclude our tour where we started in the **Parque de San Lázaro**.

26 BACK TO TOP ROUTE MAP 27





San Francisco historical-artistic site

In the higher area of the city is the RÚA DE ESTRELA viewpoint, which offers us beautiful views of the cathedral and the old town, especially from the terrace at Cafetería Mirador San Francisco.

On the other side are the remains of the OLD Franciscan convent, which became an army barracks in the mid-19th century and is now the Archivo Histórico Provincial (Provincial Historical Archive). The 14th century cloister of the old convent has been preserved. It stands as a beautiful example of the Galician Gothic style with 63 lavishly decorated pointed arches, capitals, and brackets, as well as the eye-catching entrance to the chapter house. Next to it, in the Antigua Capilla de la Venerable Orden Tercera (old chapel of the Third Order of Saint Francis) we can take in a temporary exhibition hall with works from the Museo Arqueológico Provincial (Provincial Archaeological Museum), including an interesting selection of sculptures from the museum's collection. The museum itself is in the Praza Major but is currently under renovation.

A visit to the CEMENTERIO DE SAN FRANCISCO (Saint Francis cemetery) is also worthwhi-

FACING Thermal spaces of the Miño

le, as it was a prototype of the 19th century romantic graveyard and was declared a Site of Cultural Interest due to its neo-Gothic and Baroque mausoleums, which attest to the wealth of the merchant class in Ourense. Important writers, artists, and industrialists from the city, such as Otero Pedrayo, Eduardo Blanco Amor, and Valentín Lamas-Carvajal, are buried here.

Riverbanks, bridges, and spas on the Miño

The River Miño is a fundamental part of Ourense as the main green lung in the city and a major leisure area. Along its banks there is a 16 km walk which includes the trail known as the Miño Spa Route. At almost 6 km in length, this trail takes in hot springs and outdoor thermal bathing areas surrounded by nature, some of which are free to enter whilst others have an admission fee. At the OUTARIZ SPRINGS we can find not only openair bathing areas, but also spa facilities based on the Japanese Onsen hot spring tradition. The trail is rounded off by the traditional mineral water O Tinteiro spring, and the A Chavasqueira, Burga de Canedo, and Muíño da Veiga thermal baths. This last one takes its name from the mill that survives to this day, which is just one of the many that used to stand on the banks of the River Miño. Each of these sites offers water at different temperatures and with different properties, which makes for a unique relaxation, leisure,



and wellbeing experience that positions Ourense as one of the foremost spa destination in Spain and beyond.

The Thermal Spring Train leaves from the Praza Maior. This odd train takes us to these hot springs and bathing areas next to the river as we enjoy a journey with great views through the city. It is an inexpensive and handy way to get to such a unique space that every visitor should make sure to see.

The River Miño is also famous for the many bridges that cross it. These include the historic Puente Viejo (Old or Roman Bridge), which was built in the 1st century and is one of the symbols of the city; Puente Nuevo (New Bridge), built in the 1920s to improve transport links; the Viaducto del Ferrocarril (Railway Viaduct), a piece of 1950s engineering that linked Zamora and Ourense by train; and the futuristic Puente del Milenio (Millennium Bridge), inaugurated in 2001,

which has become a wonderful viewpoint over the city and the river.

Santomé archaeological and nature area

Located just a few kilometres from the city centre, it boasts specimens of Mediterranean and Atlantic plant life and offers good views of Ourense and the River Lonia ravine where this archaeological site stands. Dating from the 1st and 2nd centuries C.E., it includes the remains of a Castro settlement and a Galician-Roman villa. It is open for visits and offers information boards to guide us and explain the life and culture of the time.

ABOVE Outariz springs

30 BACK TO TOP

Other related guides





